



MILTON EARLY CHILDHOOD ALLIANCE

Invites you to attend
A free Infant Playgroup



Baby and Me Play Group

(For parents of children birth to six months old)

October 7, 14, 21, 28, November 4, 11, and 18, 2015
9:30-10:30 AM

To Be Held at:
First Congregational Church (Parlor)
495 Canton Ave., Milton

To be Presented By:
Vinita Russell, M.S.W., LCSW

This group is for Milton mothers/fathers/grandparents with their infants up to 6 months old. It will be led by a professional facilitator to provide a wonderful opportunity for parents to ask questions, share experiences, make new friends and receive some support. This group will meet for one hour each week for a total of 7 weeks.

- **Learn play techniques and baby exercises**
- **Participate in open discussions in a supportive environment**
- **Learn next steps, what to expect, valuable resources and information**
- **Better understand your child's growth and development upon completion of an Ages and Stages Questionnaire**

What to bring: please bring with you a receiving or small blanket, your baby's favorite toys (rattle, etc.), and any other items you will need to care for your baby while attending this play group.

Upon completion of this series, each participating family will receive **a free baby basket** which includes child development literature, a language and literacy DVD, infant board books and other items for you and your child.



Registration is required. Please register by emailing cpcmecasld@verizon.net or by calling 617-696-2262.

For more information about this or our many other programs, please visit our website at www.miltonearlychildhoodalliance.org or...

